

Workshop Title: **Embellished Reliquaries**

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Supplies Provided:

- Small, hinged, wooden cigar box (about 7" w x 8" h x 2" d)
- Foam core for building structural detail within boxes
- Glue
- Acrylic paints
- Sandpaper
- Detailed booklet with color illustrations

Supply List (bring to class):

Remember that the box you'll be embellishing is fairly small, so keep this in mind as you think about how many beads and embellishments to bring as well as how much fabric. You won't need enormous quantities of anything but are free to bring lots of supplies if you'd like.

- A small, treasured object such as a small sculpture, piece of old jewelry, shell, stone, photograph, or personal symbol. It should be anywhere from 1" – 6" wide x 1" – 6" high x 1" – 2" deep. This object will sit in the box interior (deeper portion). Feel free to bring an additional flat/shallow object such as a photograph, poem printed on heavy paper, etc. that could sit inside the box lid. You'll want it to coordinate with the feel or theme of the object that you'll place in the box. This shallow object can be up to 7.5" wide and 8" high if you're okay trimming it down a bit to fit in the lid exactly); smaller is fine too.
- Beading supplies
 - A mix of seed beads and novelty beads that you might like to use on your reliquary (3-6 or more colors of seed beads in sizes 6, 8, 11, and/or 15 in a variety of finishes)
 - A mix of novelty beads and buttons (pressed glass, pearl, synthetic materials, buttons) that you'd like to consider using in your reliquary.
 - Beading needles (sizes 10-12)
 - Size D beading thread (one neutral color or a few colors to harmonize with your beads.
- Embroidery supplies -- 3-6 or more hanks/spools/colors of embroidery threads (floss, pearl cotton in sizes 8 and 12 as well as 5 if you like thicker thread, novelty threads); embroidery needles in appropriate sizes to accommodate your threads. My favorite needles to use are #7 embroidery needles and #24 chenille needles.

- Fabrics & Trimmings – pieces of fabrics and ribbon/lace/trim that you’d like to consider using in your reliquary. The fabrics can be any weight as long as they can be cut with scissors and stitched through by hand. If you have fabrics or trimmings that are especially meaningful to you and that you think could work well with your “treasure” those are especially nice to bring along for the workshop.

- Miscellaneous—
 - Scissors for cutting fabric and thread
 - Scissors or a utility knife for cutting non-fabric (paper, foam core, etc.)
 - A portable cutting mat would be helpful
 - A rotary cutter
 - 9” – 12” ruler (can be longer) that can be used with your rotary cutter
 - thread wax or conditioner if you like using it
 - A thimble (if you like sewing with them)
 - a smock or apron or clothes that can get dirty to wear on days we’ll be painting and/or gluing
 - a small sketchbook and pencil(s) and/or pen(s) for a little idea sketching
 - A 1”w paint brush and possibly 1-2 other smaller paint brushes (if you want to paint any portion of your box)
 - OPTIONAL:
 - A portable task lamp
 - Fusible web like Wonder Under or Misty Fuse (1 yard or less)
 - Heavy-weight interfacing or stabilizer like Peltex (1 yard or less)
 - Paints for your box if you prefer using those